

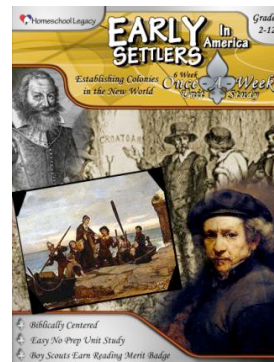
Are you ready? We are about to venture back in time to America's first colonies and the faithful men and women who established them.

But, first you will need to make a pit stop in Holland. (Read on to discover why.)

While there, your children will experience life in the Netherlands as they complete fun, creative, hands-on activities with this interesting 6-week unit study.

Early Settlers in America is broken up into six weeks:

- Week 1 - The Lost Colony - Roanoke, Virginia
- Week 2 - The First Successful Settlement: Jamestown, Virginia
- Week 3 - Holland
- Week 4 - The Pilgrims - Plymouth, Massachusetts
- Week 5 - Pennsylvania
- Week 6 - New York/Report on a colony of your choosing.



The following is a sample of what you will be doing in Week 3 as you work through Early Settlers in America. Red lettering is added here for further explanation.

Week 3 Library Reading/Video Choices

Focus: Holland

JB Rembrandt Rembrandt/ Xavier Nix*

JB Rembrandt Rembrandt/ Mike Venezia*

J 949.2 H The Netherlands/ Ann Heinrichs

J 949.2 N The Netherlands in Pictures/ Visual Geography Series

J Pap DEJ The Wheel on the School/ Meindert DeJong

E NOY Hana in the Time of the Tulips/ Deborah Noyes

759 POORTVLIET Daily Life in Holland in the year 1566/ Rien Poortvliet *

(Excellent paintings of Holland, the people, and their customs)

759.9492 B Vermeer/ Albert Blanket, John Michael Montias, and Giles Aillaud*

Each Once-a-Week Unit Study provides a weekly library list that includes a variety of books for that week's focus.

As you can see, I have alphabetically and numerically arranged each call letter in order for you to quickly and easily gather your library books.

I include books of different reading levels, have chosen books of superior quality, and have carefully screened books for objectionable material.

Your children are not meant to read all of the books listed. They pick and choose books to read throughout the week which most interest them. Reading is the only activity they will continue daily throughout the week.

Only books noted with an asterisk (or an equivalent of same subject matter) are necessary in order to complete a specific assignment.

What if you cannot find the exact book? No problem. Just pick another from that same library section and focus.

In addition to books, your list will also include documentaries/movies for you to pick up at the library or get from Netflix.

Early Settlers

Week 3

Focus: Holland - Let's take a little field trip!

Many Americans, if asked, would tell you the Pilgrims left England and sailed straight for the shores of the New World. What they don't realize, however, is that the Pilgrims sailed to Holland first. They lived there for over a decade before ever setting foot on our shores. This week is a journey through life in the Netherlands.

Supplies:

Six tulip bulbs (other bulbs if tulips are unavailable)

6" clay or plastic pot

Pebbles

Potting mixture

Windmill cookie cutters (check a kitchen store) or farm animal cutters

Ingredients for the included cookie recipe (p. 28)

Each Once-a-Week Unit Study provides you with a supply list for that week's assignments. Most will be items you already have in your home. Others will be inexpensive items you can pick up at a discount, craft, or hardware store.

Daily Activities



Independent Reading: Week 3 Library Choices

Family Read-Aloud: Finish Hans Brinker or The Silver Skates.

You began reading this beloved classic in week 2.

Once-a-Week Activities



Family Devotional:

The Pilgrims felt led to leave their beloved homeland, relatives, friends, and homes for a new land, one that offered them freedom from religious persecution.

Holland looked promising.

But as you will discover next week, God had another land in mind.

- Compare the word that God gave Abram in Genesis 12:1-3 with the Pilgrims and their settling of America.
- Take this week to read some portions of Stories of the Pilgrims that are applicable to the Pilgrims in both England and Holland.



Family Discussion:

Once you have finished reading the classic novel Hans Brinker or The Silver Skates, discuss why it and others like it stand the test of time and why others do not. What distinguishes a “classic” from a short-lived, popular literary work? (AHG 17 Pi/Pa)

Once-a-Week Unit Studies are written for ALL homeschool families to enjoy, but Boy Scouts and American Heritage Girls receive the added benefit of earning merit badge requirements while completing the same unit study assignments as the rest of their non-scout siblings.

While completing Early Settlers in America with the rest of their family, Boy Scouts will earn their Reading merit badge. American Heritage Girls will earn the majority of their Book Adventurer badge.

Boys Scouts will easily identify those assignments by a fleur-de-lis icon. American Heritage Girls will be able to identify assignments that fulfill their requirements with the above AHG icon. (There are no Boy Scout requirements fulfilled in Week 3 of Early Settlers in America.)

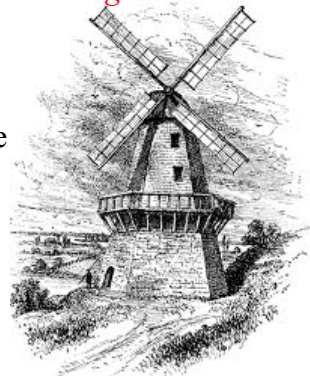
The requirements fulfilled will be noted in parentheses at the end of the assignment.



Research/Geography:

There is a famous Dutch saying that goes like this: “God created the world, but the Dutch created Holland.”

- Research the geography and windmills of Holland to investigate the reason for this saying.



- Locate the Netherlands, Holland, and Leiden on a globe or world atlas.
- Discover the meaning of “Netherlands.”

AHG Alternative: Use the internet to look up a Dutch folk tale. As you read it, see if you can determine the time period it portrays, its purpose, and its meaning. How does it compare to other folk tales you have heard? Share what you have learned with your unit. (AHG Req. 7E)

We believe in teaching children how to learn and how to retrieve information on their own from an early age. This prepares them for a life of learning and better equips them for higher education and future careers. That is why you will notice research assignments sprinkled throughout Once-a-Week Unit Studies.



Science:

- Force some tulips.



The Dutch are famous for their tulips.

Enjoy beautiful, fresh tulips blooming right inside your home, using this simple method.

Is there a holiday coming up? What about a relative's or friend's birthday? This would make a very thoughtful gift.

Place some pebbles in the bottom of a pot for drainage.

Loosely fill your pot about 2/3 full with potting mixture.

Plant your bulbs, flat side down, closely together in a pot. Loosely cover with more potting mixture leaving the “noses” exposed. Be careful to leave ¼” of space below the rim of the pot for easy watering.

Water your bulbs.

Provide your bulbs with a cold temperature treatment for 12-13 weeks, making sure they always stay moist. They can be kept in an outdoor cold frame, an unheated attic or cellar, or in the vegetable bin of your refrigerator.

If using your refrigerator during this stage, enclose the pot in a plastic bag that has had holes punched into it for proper ventilation.

If you live in a particularly cold climate and are going to use one of the other methods, make sure you protect them with a thick layer of mulch to keep the bulbs from freezing.

Record on a calendar the date you planted your bulbs. Calculate 12-13 weeks from that date. In 12-13 weeks bring in your bulbs, and place them in a cool, sunny location (50 - 60° is best the first week to get them acclimated).

Keep the bulbs away from direct sunlight.

Once the bulbs are blooming you can prolong the blooming time by moving them to a cool location at night.

*For a continuous show of flowers, you can bring in one pot per week from its cold climate.

*Forcing bulbs simulates winter and spring but unlike the bulbs that bloom naturally outdoors, these forced bulbs will be “spent” and will not successfully bloom again.



Life Skills:

- Bake Dutch Windmill Cookies (makes 4 dozen).

Ingredients:

Vegetable oil or cooking spray
1 c margarine or butter
1 ½ c brown sugar
1 egg
2 ¾ c all-purpose flour
1 tsp baking powder

¼ tsp salt
1 ½ tsp cinnamon
½ tsp nutmeg
½ tsp ground cloves
½ c sliced almonds, divided

Directions:

Preheat oven to 350°.

Lightly coat cookie sheets with oil or cooking spray.



In medium-sized bowl, beat margarine (or butter), sugar, and egg with an electric mixer on medium speed for 3 minutes, or until fluffy.

In another medium-sized bowl, combine flour, baking powder, salt, and spices.

Using a wooden spoon, combine the dry mixture with the wet mixture until well blended.

Place 1/3c sliced almonds in a zip-lock bag. Close the bag and crush the almonds by rolling with a rolling pin. Fold this mixture into the cookie dough.

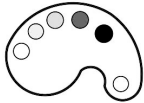
On a lightly floured surface, roll out the dough to ½" thick.

Cut out cookies using your windmill (or farm animal) cookie cutters.

Place the cookies 2" apart on your cookie sheets. Sprinkle them with the remaining sliced almonds.

Bake 8-10 minutes or until lightly browned.

Cool on cookie sheets for 1 minute before removing to cooling racks.



Art Appreciation:

- While the cookies are baking, look over some of the beautiful artwork of the time from Dutch artists Vermeer and Rembrandt (seen below). Enjoy the Dutch culture portrayed in Poorvliet's artwork, as well.

**Did you know that my father
was a prosperous miller in Leiden, and
my grandfather was a baker?**

**I think some of those Pilgrims
may have worked for my family while they
were living in my native Holland.**

**I was only a little boy
doodling with paintbrushes back then.**

**Little did they know the
famous artist I would become!**



Math:

- How many years did the Pilgrims live in Holland before sailing to America?
- How old would Rembrandt have been in 1620?



Field Trip:

- As a finale to finishing Hans Brinker or The Silver Skates, go ice skating!



Field trips and family nights are designed to be enjoyed on a different day of the week from your unit study day.

! Stump Your Dad Trivia:

Q: What color clothing did the Pilgrims wear?

A: Red, blue, green, and violet were some of the common colors of clothing. Basically any color that could be derived from natural dyes is what they used to dye their textiles.

The misconception that Pilgrims dressed in black and white and wore buckles on their hats and shoes is historically inaccurate.

Kids just love to discover they know something Dad doesn't...because Dad knows everything, right? We include Stump Your Dad Trivia as a fun way to involve Dad and alert him to what your children are learning in their studies. It also makes for great dinner conversation...if the kids can wait that long to stump him, that is!